

TELEHEALTH INFORMED CONSENT & CONSENT FOR CONSULTATION SERVICES

Effective Date: _____ | Provider: Feonie Eleuterio, FNP-BC
Practice: Holistic Origin Her Wellness™ | Service Area: New York, New Jersey & Connecticut

PURPOSE

Holistic Origin Her Wellness™ is a Telehealth-based women's health practice providing personalized consultation services to adult women age 21 and older who are physically located in New York, New Jersey, or Connecticut at the time of consultation.

Consultation services are designed to provide individualized education, preventive-health guidance, review of relevant health information, and recommendations that help patients better understand their health and determine appropriate next steps.

This document explains the nature of consultation and Telehealth services, potential benefits and risks, privacy protections, limitations of services, patient responsibilities, and consent to receive consultation services through Telehealth.

By signing this document, I acknowledge that I have read, understood, and voluntarily agree to receive consultation services through telehealth.

CONSENT FOR CONSULTATION SERVICES

I voluntarily consent to receive women's health consultation services from Holistic Origin Her Wellness™ through Telehealth.

Consultation services may include:

- Review of my health history and current concerns
- Review of relevant laboratory results, imaging reports, and other health information
- Evidence-based health education and preventive-health guidance
- Reproductive and fertility-planning guidance
- Menopause and midlife guidance
- Nutrition and lifestyle recommendations when appropriate
- Discussion of questions I may wish to bring to my treating healthcare professionals
- Recommendations regarding appropriate next steps

I understand that consultation services are individualized and depend on my health history, concerns, available information, clinical circumstances, and the provider's professional judgment and scope of practice.

I understand that no specific health outcome or result can be guaranteed.

SCOPE & LIMITATIONS OF CONSULTATION SERVICES

Holistic Origin Her Wellness™ provides consultation services and does not replace my primary care provider, OB-GYN, specialist, or other treating healthcare professional.

Holistic Origin Her Wellness™ does not provide ongoing medication or prescription management as part of its consultation services.

When medication treatment, medication changes, diagnostic testing, procedures, in-person examination, or specialty evaluation may be appropriate, I may be advised to discuss those recommendations with my treating healthcare professional or another appropriate healthcare professional.

I understand that recommendations made during my consultation are based on the information available at the time of the visit. Additional information, physical examination, diagnostic testing, or evaluation by another healthcare professional may change what is clinically appropriate.

I understand that I should not start, stop, or change a prescribed medication solely on the basis of general educational information provided through the Holistic Origin Her Wellness™ website or patient educational resources.

NATURE OF TELEHEALTH SERVICES

Telehealth allows healthcare consultation services to be delivered through secure electronic communication technology. Services may include:

- Secure video consultations
- Review of relevant health information
- Preventive-health education
- Nutrition and lifestyle guidance when appropriate
- Care navigation and referral recommendations
- Secure patient-portal communication related to consultation services
- Follow-up consultations when appropriate

Holistic Origin Her Wellness™ is a telehealth-only practice. No in-person healthcare services are provided, and no hands-on physical examination can be performed through telehealth.

Certain concerns may require in-person evaluation, diagnostic testing, specialist consultation, urgent care, emergency care, or follow-up with my established healthcare professional.

AREAS OF CONSULTATION

- Metabolic & Preventive Wellness
- Reproductive Wellness & Fertility Planning
- Contraceptive education and reproductive planning
- Preconception wellness
- Menopause & Midlife Wellness
- Nutrition and lifestyle wellness
- Healthy aging and preventive-health priorities

The scope of each consultation depends on the patient's individual concerns and needs.

TELEHEALTH LIMITATIONS

- Telehealth does not replace emergency medical care.
- Telehealth does not replace appropriate care from my primary care provider, OB-GYN, specialist, or other treating clinician.
- A complete hands-on physical examination cannot be performed remotely.
- Certain health concerns require in-person examination or diagnostic testing.
- Technology limitations may affect communication or service delivery.
- The provider's ability to assess certain concerns may be limited compared with an in-person encounter.
- Additional testing, referral, or in-person evaluation may be recommended.

POTENTIAL BENEFITS OF TELEHEALTH

- Improved access to consultation services
- Reduced travel
- Convenience and scheduling flexibility
- Access to women's health education and guidance
- Ability to review relevant health information remotely
- Secure communication through healthcare technology

POTENTIAL RISKS OF TELEHEALTH

- Technology or equipment failure
- Internet connectivity problems
- Delays or interruptions caused by technical problems
- Limitations caused by the absence of a physical examination
- Privacy or security risks despite reasonable safeguards
- The need for subsequent in-person evaluation or additional healthcare services

STATE LICENSURE & PATIENT LOCATION

Consultation services are available only when the patient is physically located in a state where the provider is authorized to provide the applicable services. Holistic Origin Her Wellness™ currently provides consultation services to eligible patients physically located in New York, New Jersey, or Connecticut.

I understand that I must be physically located in an eligible state at the time of each telehealth consultation. If I am outside an eligible state at the time of my appointment, the consultation may need to be rescheduled.

IDENTITY & LOCATION VERIFICATION

For patient safety and regulatory compliance, the practice may verify my full legal name, date of birth, current physical location, and state in which I am physically located during the consultation. Government-issued identification may be requested when appropriate.

I understand that I am responsible for providing accurate identity and location information.

EMERGENCY LOCATION VERIFICATION

If a medical emergency occurs during a telehealth encounter, emergency services may be contacted based on my reported physical location. I understand that accurate location information is important for my safety during a telehealth consultation.

PRIVACY & CONFIDENTIALITY

Holistic Origin Her Wellness™ is committed to protecting patient privacy and confidentiality. Reasonable administrative, technical, and physical safeguards are used to protect health information in accordance with applicable privacy laws and regulations.

Patient information may be stored, transmitted, accessed, or disclosed through healthcare technology systems for permitted healthcare, payment, operational, legal, and other authorized purposes.

Additional information regarding privacy practices and patient rights is provided in the practice's Notice of Privacy Practices (NPP).

ELECTRONIC HEALTH RECORD & TELEHEALTH TECHNOLOGY

Holistic Origin Her Wellness™ utilizes secure healthcare technology to support electronic health records, patient communication, telehealth, documentation, scheduling, and practice operations.

I understand and consent to the reasonable use of these systems in connection with my consultation services.

AI-ASSISTED DOCUMENTATION

Holistic Origin Her Wellness™ may use secure technology, including AI-assisted documentation tools, to support clinical documentation and administrative efficiency when permitted by applicable law and practice policy.

The provider remains responsible for reviewing and approving clinical documentation and for exercising independent professional judgment. AI-assisted technology does not independently determine the recommendations provided during a consultation.

PATIENT PORTAL COMMUNICATION

The secure patient portal may be used for:

- Administrative questions
- Non-urgent questions related to consultation services
- Sharing requested health information or documents
- Follow-up communication related to a completed consultation
- Scheduling or other practice-related communication

Portal messaging is not continuously monitored and is not appropriate for urgent or emergency medical concerns.

Portal communication does not constitute continuous health monitoring or unlimited access to the provider.

COMMUNICATION EXPECTATIONS

Patient portal messages are reviewed during established practice business hours. Response times may vary depending on provider availability, weekends, holidays, message volume, and the nature of the request.

I understand that Holistic Origin Her Wellness™ does not provide continuous or 24-hour monitoring.

EMERGENCY & URGENT CARE

Holistic Origin Her Wellness™ does not provide emergency medical services.

If I believe I am experiencing a medical emergency, I understand that I should seek immediate emergency medical care rather than using the patient portal or waiting for a response from Holistic Origin Her Wellness™.

I understand that urgent or emergency conditions require evaluation through an appropriate urgent-care or emergency-care service.

REFERRALS & CARE NAVIGATION

During a consultation, the provider may recommend evaluation or follow-up with another healthcare professional or healthcare facility when appropriate. This may include my primary care provider, OB-GYN, an appropriate specialist or other licensed healthcare professional, an in-person healthcare facility, or urgent/emergency care when appropriate.

Recommendations for outside care are based on the information available during the consultation, patient needs, safety considerations, and provider scope.

I understand that I am responsible for establishing care with and scheduling services from outside healthcare professionals or facilities unless otherwise specifically arranged.

SERVICES NOT PROVIDED

- Emergency medical care
- Hospital-based care
- In-person physical examinations
- Primary care services
- OB-GYN examinations or procedures
- Pap smears or cervical specimen collection
- Mammography
- Ultrasound or other on-site imaging
- Infertility procedures or in vitro fertilization services
- Behavioral-health treatment
- Ongoing medication or prescription management
- Controlled-substance prescribing
- Continuous patient monitoring

WOMEN'S HEALTH ROADMAP™ & EDUCATIONAL MATERIALS

As part of my consultation, I may receive a personalized Women's Health Roadmap™, consultation materials, educational resources, or a Women's Health Strategy Toolkit™.

I understand that these materials are intended to support my understanding of the consultation and help me organize questions, priorities, and recommended next steps.

These materials do not replace emergency care, an in-person physical examination, diagnostic testing when indicated, or ongoing care from my treating healthcare professionals.

SUPPORT PERSON PARTICIPATION

I may request that a spouse, partner, family member, caregiver, interpreter, or other support person participate in my telehealth consultation when appropriate.

I understand that allowing another person to participate may involve sharing my private health information in that person's presence.

TECHNOLOGY & PRIVATE ENVIRONMENT

- I am responsible for maintaining a device capable of secure video communication.
- I am responsible for maintaining reliable internet access.
- I am responsible for participating from a reasonably private environment suitable for discussing health information.

I understand that participating from a public or non-private environment may increase the risk that others hear or observe private health information.

PATIENT RESPONSIBILITIES

- Provide accurate and complete information to the best of my knowledge
- Inform the provider of relevant health history, medications, supplements, allergies, and current concerns
- Provide accurate location information during telehealth consultations
- Ask questions when I do not understand information or recommendations
- Seek appropriate in-person, urgent, or emergency care when recommended or necessary
- Maintain appropriate ongoing care with my treating healthcare professionals
- Use patient-portal communication appropriately
- Notify the practice when relevant information I provided was inaccurate or incomplete

FINANCIAL RESPONSIBILITY

Holistic Origin Her Wellness™ operates as a cash-pay consultation practice and does not bill insurance for consultation services.

I understand that I am responsible for consultation fees in accordance with the practice's current Financial Policy.

Laboratory testing, imaging, medications, specialist services, procedures, and other services provided outside Holistic Origin Her Wellness™ are not included in the consultation fee and may result in separate charges from the provider, laboratory, pharmacy, facility, or other organization providing those services.

Insurance coverage for outside services depends on my individual insurance plan and the outside provider or facility.

VOLUNTARY PARTICIPATION & WITHDRAWAL OF CONSENT

I understand that participation in telehealth consultation services is voluntary. I may withdraw my consent to future telehealth consultation services by notifying Holistic Origin Her Wellness™.

Withdrawal of consent does not affect consultation services already provided or financial obligations already incurred.

PATIENT ACKNOWLEDGMENT & CONSENT

- I have read and understand this Telehealth Informed Consent & Consent for Consultation Services.
- I have had an opportunity to ask questions, and my questions have been answered to my satisfaction.
- I understand the potential benefits, risks, and limitations of telehealth.
- I understand the scope and limitations of Holistic Origin Her Wellness™ consultation services.
- I understand that these consultation services do not replace emergency care or appropriate ongoing care from my primary care provider, OB-GYN, specialists, or other treating healthcare professionals.
- I understand that Holistic Origin Her Wellness™ does not provide ongoing medication or prescription management as part of this consultation service.
- I understand that recommendations may include seeking additional testing, in-person evaluation, or care from another healthcare professional.
- I understand my financial responsibility for cash-pay consultation services and that outside healthcare services may involve separate costs.
- I voluntarily consent to receive telehealth consultation services from Holistic Origin Her Wellness™.

Patient Name: _____

Patient Signature: _____

Date: _____

Provider Signature: _____

Date: _____